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# LISA M. WILCOX

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January 26, 2018

To Whom It May Concern:

I am writing this letter to recommend Adam Constantilos as an outstanding coach and teaching candidate. I have known Adam for three years in his role as Head Coach of the rock climbing team at Central Rock Gym in Glastonbury. During that time, he has been a tremendous positive influence on all four of my children, ages 12, 10, 8, and 6. He has demonstrated all of the qualities necessary for success as a teacher.

When Adam coaches, the kids listen. He engages their attention, commands their respect, and easily connects with children of all different abilities and personality types. My children listen and respect his instructions, and most importantly always have fun when working with him. Despite their very different personalities, and a tendency to bicker and fight with each other in any environment where they are together, Adam has managed to connect to each of them individually, and to help them navigate their relationships with each other and work together as teammates.

I have also observed Adam's interactions with other team members, some of whom struggle with anxiety, and social difficulties stemming from autism, and without forcing these kids out of their comfort zones, Adam patiently encourages their integration with the team. He has created a supportive environment among children of very diverse skills and personalities, with ages ranging from 8 to 18.

Adam is very approachable and has a good relationship with all the team parents, and is always willing to listen to what is going on with each child, both within the sport and in their life, and to support them accordingly. I think any parent would be thrilled to have Adam teach their children, and be a positive influence on their development.

Sincerely,

Lisa M. Wilcox